



February 23rd to February 25th

Time	Monday 2/23	Tuesday 2/24	Wednesday 2/25
8:30am	Circle Band Workout	Circle Band Workout	Circle Band Workout
9:00am	Sharon Graves Intro to New Fitness Classes	Sharon Graves Intro to New Fitness Classes	Sharon Graves Intro to New Fitness Classes
9:30am	Foot Fitness	Lower Body Workout	Foot Fitness
10:00am	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
10:30am	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update
11:30am	In Memorials	In Memorials	In Memorials
12:00pm	Resident Town Hall	Resident Town Hall	Live & Learn- Ed Rodriguez
1:30pm	In Memorials	In Memorials	In Memorials
2:00pm	Do You Remember When?	Treasures of the Treasure Chest	Do You Remember When?
2:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
3:00pm	Workout with Scott Hall	Standing Mobility	Workout with Scott Hall
3:30pm	Seated and Standing Exercises	Aerobics in the Afternoon	Sharon Graves Intro to New Fitness Classes
4:00pm	His Story, Her Story- Al Everton	His Story, Her Story- Al Everton	Strings, Swings & Everything in Between
5:00pm	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update/	Brooksby Update/ Drive Excellence/ Dining Update/
6:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
7:00pm	In Memorials	In Memorials	In Memorials
7:30pm	EyeCatchers 20/20	A Talk with Bill Locke	Poets of Brooksby
8:00pm	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update	Brooksby Update/ Drive Excellence/ Dining Update
9:00pm			
9:30pm	Piano Pals	Concerned Citizens	Village Forum- Harvey Leonard

February 26th to February 29th

Time	Thursday 2/26	Friday 2/27	Saturday & Sunday 2/28- 2/29
8:30am	Circle Band Workout	Circle Band Workout	Circle Band Workout
9:00am	Sharon Graves Intro to New Fitness Classes	Sharon Graves Intro to New Fitness Classes	Sharon Graves Intro to New Fitness Classes
9:30am	Lower Body Workout	Foot Fitness	Foot Fitness
10:00am	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
10:30am	Brooksby Update/ Dining Update	10:15am RAC	Brooksby Update/ Dining Update
11:30am	In Memorials	In Memorials	In Memorials
12:00pm	4 Legged Friends	Resident Town Hall	RAC
1:30pm	In Memorials	In Memorials	In Memorials
2:00pm	Treasures of the Treasure Chest	Do You Remember When?	Treasures of the Treasure Chest
2:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
3:00pm	Standing Mobility	Workout with Scott Hall	Seated Strength
3:30pm	Aerobics in the Afternoon	Total Body Seated Workout	Aerobics in the Afternoon
4:00pm	Menti Trivia	Menti Trivia	Laurel & Hardy- Sons of the Desert
5:00pm	Brooksby Update/ Drive Excellence/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update
6:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
7:00pm	In Memorials	In Memorials	In Memorials
7:30pm	Poets of Brooksby	EyeCatchers 20/20	Strings, Swing & Everything in Between
8:00pm	Brooksby Update/ Drive Excellence/ Dining Update	Brooksby Update/ Drive Excellence/ Dining Update	Brooksby Update/ Drive Excellence/ Dining Update
9:30pm	Village Forum- Harvey Leonard	Piano Pals	4 Legged Friends

****Shows & Times are Subject to Change****

NEW PROGRAMMING

Good Day Brooksby - *New Episode Live Monday at 10:00am*

Tune in live to hear all the latest events & happenings on campus!

Treasures of the Treasure Chest - *New Episode Tuesday at 2:00pm*

See what treasures await you at the Brooksby Treasure Chest!

Brooksby Update - *New Episode Wednesday at 5:00pm*

Keeping you informed with all the latest updates on campus.

Village Forum- Harvey Leonard - *Airing Wednesday at 9:30pm*

The Village Forum presents: "Climate Changes" presented by Meteorologist, Harvey Leonard, WCVB Channel 5's Chief Meteorologist Emeritus. After a 50-year career in Meteorology, with more than 45 of those years forecasting weather in New England and twenty of those at WCVB, Harvey retired from the helm of Storm Team 5.

4 Legged Friends - *New Episode Thursday at 12:00pm*

Host Ellen Kirkbride is back with 4 Legged Friends! She is joined in this episode by fellow resident Sylvia Belkin, and her dog Piper.

RAC - *New Episode Live Friday at 10:15am*

Tune in live to hear the latest updates from your Resident Advisory Council!

It's Why You're Here - *New Episode Friday after 5:00pm Brooksby Update*

Resident Life Director Matthew Connery is joined by Clinical Manager Dina Stosez to hear about her journey to Brooksby Village.

Dining Update - *New Episode Friday after 5:00pm It's Why You're Here*

Keeping you informed with all the latest Dining updates on campus.

Color Guide:

Orange: new program that is live on channel 919

Blue: new program that was pre-recorded

PROGRAMMING UPDATES

*****Chair Yoga with Rokia*****

Chair Yoga with Rokia will air daily at 7:30 am, despite not being listed on the TV guide.

Watch On Demand

Did you miss an airing of something you wanted to watch?
You can watch it On Demand! Just go to: www.brooksbytv.com
And click "Watch On Demand"

Any Questions? Have a suggestion?

If you have any questions or concerns about the TV Guide itself, or any specific programming, please contact Jeff Paul at: 978-536-7951.