

November 17th to November 19th

Time	Monday 11/17	Tuesday 11/18	Wednesday 11/19
8:30am	Circle Band Workout	Circle Band Workout	Circle Band Workout
9:00am	Sharon Graves Intro to New Fitness Classes	Seated & Standing Exercises with Sharon Graves	Seated & Standing Exercises with Sharon Graves
9:30am	Foot Fitness	Lower Body Workout	Foot Fitness
10:00am	Good Day Brooksby	Good Day Brooksby	Resident Town Hall
10:30am	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update
11:30am	In Memorials	In Memorials	In Memorials
12:00pm	The Brain Prescription with Dr. Tam	Veterans Day Ceremony 2025	How BBV Came to Be Part 2
1:30pm	In Memorials	In Memorials	In Memorials
2:00pm	Do You Remember When?	Sports Talk	Do You Remember When?
2:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
3:00pm	Workout with Scott Hall	Standing Mobility	Live Menti Trivia
3:30pm	Seated and Standing Exercises	Aerobics in the Afternoon	Sharon Graves Intro to New Fitness Classes
4:00pm	Dining Team Before & After	Dining Team Before & After	Thoughtful Commentary
5:00pm	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update/	Brooksby Update/ Drive Excellence/ Dining Update/
6:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
7:00pm	In Memorials	In Memorials	In Memorials
7:30pm	Poets of Brooksby	Saving Our Sphere	Poets of Brooksby
8:00pm	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update	Brooksby Update/ Drive Excellence/ Dining Update
9:00pm			
9:30pm	Piano Pals Plus	Adventures of Jimmy & Maude	Piano Pals Plus

****Shows & Times are Subject to Change****

November 20th to November 23rd

Time	Thursday 11/20	Friday 11/21	Saturday & Sunday 11/22- 11/23
8:30am	Circle Band Workout	Circle Band Workout	Circle Band Workout
9:00am	Seated & Standing Exercises with Sharon Graves	Sharon Graves Intro to New Fitness Classes	Seated & Standing Exercises with Sharon Graves
9:30am	Lower Body Workout	Foot Fitness	Foot Fitness
10:00am	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
10:30am	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update
11:30am	In Memorials	In Memorials	In Memorials
12:00pm	Resident Town Hall	Concerned Citizens	How BBV Came to Be Part 2
1:30pm	In Memorials	In Memorials	In Memorials
2:00pm	Sports Talk	Saving Our Sphere	Menti Trivia
2:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
3:00pm	Standing Mobility	Workout with Scott Hall	Seated Strength
3:30pm	Aerobics in the Afternoon	Total Body Seated Workout	Aerobics in the Afternoon
4:00pm	Mobility Matters Presentation	Veterans Day Ceremony 2025	Laurel & Hardy- One Good Turn
5:00pm	Brooksby Update/ Drive Excellence/ Dining Update	Brooksby Update/ Drive Excellence/ Dining Update	Brooksby Update/ Drive Excellence/ Dining Update
6:30pm	Good Day Brooksby	Brooksby Gala 2026	Good Day Brooksby
7:00pm	In Memorials		In Memorials
7:30pm	EyeCatchers 20/20		EyeCatchers 20/20
8:00pm	Brooksby Update/ Drive Excellence/ Dining Update		Brooksby Update/ Drive Excellence/ Dining Update
9:30pm	Brooksby Authors Fair	Mobility Matters Presentation	Resident Town Hall

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NEW PROGRAMMING

Good Day Brooksby - *New Episode Live Monday at 10:00am*

Tune in live to hear all the latest events & happenings on campus!

Piano Pals Plus - *New Episode Monday at 9:30pm*

Enjoy another great performance by your Brooksby Piano Pals!

Veterans Day Ceremony - *Airing Tuesday at 12:00pm*

In case you could not attend, a look back at Veterans Day 2025 here at Brooksby Village.

Sports Talk - *New Episode Tuesday at 2:00pm*

The gang reacts to 2 back-to-back games for the Patriots after a short week for them and what other teams around the NFL that are also doing well.

Resident Town Hall - *New Episode Live Wednesday at 10:00am*

Tune in live to hear the latest updates from your Executive Team!

Live Menti Trivia - *New Episode Live Wednesday at 3:00pm*

Tune in live to play another round of live Menti trivia with your host, Shirley Fascetti, Good luck!

Brooksby Update - *New Episode Wednesday at 5:00pm*

Keeping you informed with all the latest updates on campus.

Mobility Matters Presentation - *Airing Thursday at 4:00pm*

“Do I need a power mobility device? And how do I qualify for one?” by Kristen Desmarais and Lauren Mercurio, from Outpatient Rehab. Also, the Security Department will be sharing all we need to know to have and operate an EMV. Presented by BBV Rehab Department and RAC Health and Wellness.

EyeCatchers 20/20 - *New Episode Thursday at 7:30pm*

Resident host Carol Bortman sits down with Isabel Rosario of the Carroll Center for the Blind, discussing her story of being blind and what she does as an Outreach Specialist.

Brooksby Authors Fair - *Airing Thursday at 9:30pm*

Brooksby Village Resident Authors Fair: Non-fiction, Fiction, Children's Books, Poetry and Prose. 20+ authors, 8 clubs and groups will be represented. Authors will be reading samples of their work.

Concerned Citizens - *New Episode Friday at 12:00pm*

Concerned Citizens presents: "Trump 2.0: It's Worse than You Think. Democracy Under Attack." by Historian Frank Huntington. Frank has a Ph.D. in history from Brown University and a J.D. from Harvard Law School. He worked for 36 years as a trial attorney in Boston. Huntington is the author of three books, including "Making It Up As They Go Along: Stories the Supreme Court Tells about the Constitution." A fourth book, "A Dream Betrayed: An Angry Liberal's Guide to American History," is forthcoming.

Brooksby Gala 2026 - *New Episode Live Friday at 6:30pm*

Tune in live and enjoy all the festivities in this years' Brooksby Gala!

Dining Update - *New Episode Saturday & Sunday after 5:00pm Drive Excellence*

Keeping you informed with all the latest Dining updates on campus.

Color Guide:

Orange: new program that is live on channel 919

Blue: new program that was pre-recorded

PROGRAMMING UPDATES

*****Chair Yoga with Rokia*****

Chair Yoga with Rokia will air daily at 7:30 am, despite not being listed on the TV guide.

Watch On Demand

Did you miss an airing of something you wanted to watch?
You can watch it On Demand! Just go to: www.brooksbytv.com
And click "Watch On Demand"

Any Questions? Have a suggestion?

If you have any questions or concerns about the TV Guide itself, or any specific programming, please contact Jeff Paul at: 978-536-7951.