

July 20th to July 22nd



Color Guide:

Special Programming

Community Updates

Fitness Programs

In Memoriam

Good Day Brooksby

Time	Monday 7/20	Tuesday 7/21	Wednesday 7/22
8:30am	Circle Band Workout	Circle Band Workout	Circle Band Workout
9:00am	Sharon Graves Intro to New Fitness Classes	Sharon Graves Intro to New Fitness Classes	Sharon Graves Intro to New Fitness Classes
9:30am	Foot Fitness	Foot Fitness	Foot Fitness
10:00am	Good Day Brooksby (New/Live)	Good Day Brooksby	Good Day Brooksby
10:30am	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update
11:30am	In Memoriam/ Brooksby Breathes	In Memoriam/ Brooksby Breathes	In Memoriam/ Brooksby Breathes
12:00pm	Mystery Lovers Event	Mystery Lovers Event	Fair Liberty's Call
1:30pm	In Memoriam	In Memoriam	In Memoriam
2:00pm	Do You Remember When?	Bob Ciampa PSA	Do You Remember When?
2:30pm	Good Day Brooksby	Rainforest Reptiles (New/Live)	Good Day Brooksby
3:00pm	Workout with Scott Hall		Workout with Scott Hall
3:30pm	Aerobics in the Afternoon		Moving in your Own Space
4:00pm	Brooksby Drag Show	Brooksby Drag Show	Strings, Swings & Everything in Between
5:00pm	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update (New)/ It's Why You're Here/ Dining Update
6:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
7:00pm	In Memoriam	In Memoriam	In Memoriam
7:30pm	EyeCatchers 20/20	Bob Ciampa PSA	Poets of Brooksby (New)
8:00pm	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update

9:30pm	Army Band Concert	Army Band Concert	Brooksby Singers Spring Concert
11:00pm	Moonlight Matinee- This is the Army(1943)	Moonlight Matinee- The Lucky Texan (1934)	Moonlight Matinee- This is the Army (1943)

****Shows & Times are Subject to Change****

July 23rd to July 26th

Time	Thursday 7/23	Friday 7/24	Saturday & Sunday 7/25- 7/26
8:30am	Circle Band Workout	Circle Band Workout	Circle Band Workout
9:00am	Sharon Graves Intro to New Fitness Classes	Sharon Graves Intro to New Fitness Classes	Sharon Graves Intro to New Fitness Classes
9:30am	Foot Fitness	Foot Fitness	Foot Fitness
10:00am	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
10:30am	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update
11:30am	In Memoriam	In Memoriam/ Brooksby Pride Flag Raising	In Memoriam
12:00pm	Resident Town Hall	Defend Democracy (New)	Defend Democracy
1:30pm	Empowered Aging Series (New/Live)	In Memoriam/ Bob Ciampa PSA	In Memoriam/ Keystone Plants
2:00pm		Do You Remember When?	Rainforest Reptiles
2:30pm		Good Day Brooksby	Good Day Brooksby
3:00pm		Workout with Scott Hall	Circle Band Workout
3:30pm	Moving in your Own Space	Meditation with Amy Berry	Meditation with Amy Berry
4:00pm	Meditation with Amy Berry (New)	Rainforest Reptiles	Laurel & Hardy- Flying Deuces
5:00pm	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update (New)	Brooksby Update/ It's Why You're Here/ Dining Update
6:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
7:00pm	In Memoriam	In Memoriam	In Memoriam
7:30pm	Poets of Brooksby	Keystone Plants	Strings, Swing & Everything in Between
8:00pm	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update

9:30pm	Piano Pals	Resident Town Hall	Empowered Aging Series
11:00pm	Moonlight Matinee- The Lucky Texan (1934)	Moonlight Matinee- Gamera, The Giant Monster (1965)	Moonlight Matinee- The Wasp Woman (1959)

****Shows & Times are Subject to Change****

Color Guide:

Special Programming

Community Updates

Fitness Programs

In Memoriam

Good Day Brooksby

Moonlight Matinee

NEW PROGRAMMING

Good Day Brooksby - New Episode Live Monday at 10:00am

Tune in live to hear all the latest events & happenings on campus!

Brooksby Breathes - New Episode Monday after 1:30pm In Memorials

Enjoy some Brooksby nature to help calm you for the day.

Rainforest Reptiles - Airing Live Tuesday at 2:30pm

For the first time, Community Resources is bringing the rainforest to Brooksby Village with a wonderful presentation by Rainforest Reptiles! Trained handlers will show and teach us about a few of the different animals they've rescued and cared for.

Brooksby Update - New Episode Wednesday at 5:00pm

Keeping you informed with all the latest updates on campus.

Poets of Brooksby - New Episode Wednesday at 7:30pm

Rand Peabody is joined by fellow resident Peter VanDeBogert to listen to some of his original work.

Empowered Aging Series - New Episode Live Thursday at 1:30pm

A Don't Be Scared, Be Prepared Series; Session #5. Sex after 70, 80, 90: Older and wiser- As we age, physical, cognitive and emotional changes may affect the way we are able to be sexual and intimate. This session will cover ways to adapt to these changes, maintain sexual health and safety, address the particular challenges when dementia is present, and navigate the world of online dating.

Meditation with Amy Berry - *New Episode Thursday at 4:00pm*

This meditation will guide you to be more relaxed and ready for a better night's sleep.

Defend Democracy - *Airing Friday at 12:00pm*

Concerned about the midterms? Defend Democracy and the Education Committee present Celia Canavan, Executive Director, MA League of Women Voters, for "Voting Rights, Voter Suppression and how you can help".

Dining Update - *New Episode Friday after 5:00pm It's Why You're Here*

Keeping you informed with all the latest Dining updates on campus.

Watch On Demand

Did you miss an airing of something you wanted to watch?
You can watch it On Demand! Just go to: www.brooksbytv.com
And click "Watch On Demand"