



Color Guide:

Special ProgrammingCommunity UpdatesFitness ProgramsIn MemoriamGood Day Brooksby

Time	Monday 10/19	Tuesday 10/20	Wednesday 10/21
8:30am	Circle Band Workout	Circle Band Workout	Circle Band Workout
9:00am	Sharon Graves Intro to New Fitness Classes	Sharon Graves Intro to New Fitness Classes	Sharon Graves Intro to New Fitness Classes
9:30am	Foot Fitness	Foot Fitness	Foot Fitness
10:00am	Good Day Brooksby (New/Live)	Good Day Brooksby	Resident Town Hall (New/Live)
10:30am	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update	
11:30am	In Memoriam/ Brooksby Breathes	In Memoriam/ Monthly Musings	
12:00pm	Live & Learn- Ed Rodriguez (New)	Climate Change Group Presents: IRWA presentation (New)	Piano Pals Performance (New)
1:30pm	In Memoriam	In Memoriam	In Memoriam
2:00pm	Do You Remember When? (New)	Sports Talk (New)	Do You Remember When?
2:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
3:00pm	Workout with Scott Hall	Workout with Scott Hall	Menti Trivia (New/Live)
3:30pm	Aerobics in the Afternoon	Aerobics in the Afternoon	Moving in your Own Space
4:00pm	Monthly Musings	Service of Gratitude & Farewell to Gazebo	Strings, Swings & Everything in Between
5:00pm	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update
6:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
7:00pm	In Memoriam	In Memoriam	In Memoriam
7:30pm	EyeCatchers 2020	EyeCatchers 20/20	Poets of Brooksby
8:00pm	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update
9:30pm	Live & Learn- Frank Huntington	Live & Learn- Arthur Brownlow	Live & Learn- Arthur Brownlow
11:00pm	Moonlight Matinee- The Mad Monster (1942)	Moonlight Matinee- Undying Monster (1942)	Moonlight Matinee- The Mad Monster (1942)

****Shows & Times are Subject to Change****

October 22nd to October 25th

Time	Thursday 10/22	Friday 10/23	Saturday & Sunday 10/24 - 10/25
8:30am	Circle Band Workout	Circle Band Workout	Circle Band Workout
9:00am	Sharon Graves Intro to New Fitness Classes	Sharon Graves Intro to New Fitness Classes	Sharon Graves Intro to New Fitness Classes
9:30am	Foot Fitness	Foot Fitness	Foot Fitness
10:00am	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
10:30am	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update	Brooksby Update/ Dining Update
11:30am	In Memoriam/ Brooksby Breathes	In Memoriam/ Brooksby Breathes	In Memoriam
12:00pm	Live & Learn- Danielle Rekemeyer	Live & Learn- Ed Rodriguez	Live & Learn- Frank Huntington (New)
1:30pm	Empowered Aging Series (New/Live)	In Memoriam/ Monthly Musings	In Memoriam
2:00pm	Sports Talk	Do You Remember When?	Service of Gratitude & Farewell to Gazebo
2:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
3:00pm	Workout with Scott Hall	Workout with Scott Hall	Circle Band Workout
3:30pm	Moving in your Own Space	Moving in your Own Space	Moving in your Own Space
4:00pm	Garden Sustainability	Sports Talk	Laurel & Hardy- County Hospital
5:00pm	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update (New)	Brooksby Update/ It's Why You're Here/ Dining Update
6:30pm	Good Day Brooksby	Good Day Brooksby	Good Day Brooksby
7:00pm	In Memoriam/ Meditation with Amy	In Memoriam/ Meditation with Amy	In Memoriam/ Meditation with Amy
7:30pm	Poets of Brooksby	Menti Trivia	Strings, Swing & Everything in Between
8:00pm	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update	Brooksby Update/ It's Why You're Here/ Dining Update
9:30pm	Resident Town Hall	Brooksby Gala 2026	Brooksby Gala 2026
11:00pm	Moonlight Matinee- Undying Monster (1942)	Moonlight Matinee- Dr. Jekyll & Mr. Hyde (1920)	Moonlight Matinee- Moon of the Wolf (1972)

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In Memoriam

Good Day Brooksby

Moonlight Matinee

NEW PROGRAMMING

Good Day Brooksby - New Episode Live Monday at 10:00am

Tune in live to hear all the latest events & happenings on campus!

Live & Learn- Ed Rodriguez - New Episode Monday at 12:00pm

The Innovation Committee and BBV Live & Learn presents: Year 2050! Global Warming Energy Shortages: What kind of world will our grandkids experience? You might be surprised and amazed! Solutions you haven't heard about. Ultra-efficient solar Electric vehicles with 120 MPG equivalency: no need for chargers. Hear how AI-driven science will take center stage.

Do You Remember When?- New Episode Monday at 2:00pm

Resident Cliff Kent brings you the hits of a young Frank Sinatra.

Climate Change Groups presents: IRWA- Airing Tuesday at 12:00pm

Want to learn more about our Water supply and watershed? How to have a healthy, clean water supply? Come Hear Ms. Erin Casey, ED, of the Ipswich River Watershed Association (IRWA).

Sports Talk- New Episode Tuesday at 2:00pm

The gang reacts to all things MLB playoffs & the turnaround of the Patriots/how they fared in their most recent game vs the Jets.

Resident Town Hall - New Episode Live Wednesday at 10:00am

Tune in live to hear all the latest updates from your Executive Team.

Piano Pals Performance- New Episode Wednesday at 12:00pm

Enjoy another great performance by your Brooksby Piano Pals!

Menti Trivia - New Episode Live Wednesday at 3:00pm

Get your thinking caps on for another live edition of Menti Trivia, hosted by resident Shirley Fascetti. Good luck!

Brooksby Update - *New Episode Wednesday at 5:00pm*

Keeping you informed with all the latest updates on campus.

Empowered Aging Series - *New Episode Live Thursday at 1:30pm*

Empowered Aging: A Don't Be Scared, Be Prepared Series: Session Eight. Legacy is more than just what we leave behind- it's how we live with what we've carried. In this session we'll explore legacy through the stories, relationships, and choices that have shaped us. Together we'll gently look at regrets, small griefs, and unfinished chapters, and how practices of forgiveness and self compassion can create new room for peace and meaning.

Dining Update - *New Episode Friday after 5:00pm It's Why You're Here*

Keeping you informed with all the latest Dining updates on campus.

Live & Learn- Frank Huntington - *New Episode Saturday & Sunday at 12:00pm*

BBV Live & Learn: America: A Nation of Immigrants presented by Frank Huntington.

Watch On Demand

Did you miss an airing of something you wanted to watch?
You can watch it On Demand! Just go to: www.brooksbytv.com
And click "Watch On Demand"